

### *A Hungry Heart*

- Failing to be content with \_\_\_\_\_  
leads to misery (verses 1-6).
  
  
  
  
  
  
  
  
  
  
- Failing to be content with \_\_\_\_\_  
leads to misery (verses 7-9).
  
  
  
  
  
  
  
  
  
  
- Failing to be content with \_\_\_\_\_  
leads to misery (verses 10-12).

### *Make It Real*

*Because of what Jesus has done for me and what I have heard today:*

- I will turn from my sin and seek forgiveness for not being satisfied with God and the things He has given me. Pray and talk to God about this!
- I will replace my grumbling about what I don't have with thankfulness for what God has already given me. (Make a list of 50 things you are thankful for).
- I will prayerfully and carefully examine my finances, sleep, and anxiety to get a clearer picture of what is going on in my heart.
- I will ask someone to help me get control of the consequences that have come because of my hungry heart.
- I will trust that I can be content through Christ who strengthens me.

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