

# Anger



## A Command to Change!

Eph 4:17  
Rom 12:2

Be transformed -  
metamorphosized

The Holy Spirit uses the  
Word of God to change us  
- 2 Tim 3:16

Rom 12:2  
Eph 4:23  
Col 3:10

Be renewed in the spirit of  
your mind (Truth)

- teaching - Truth from God
- reproof - conviction of sin
- correction - how to fix the problem
- training in righteousness-coaching



(Reproof)  
Repentance  
2 Cor 7:10



(Correction & Training)  
Obedience by Faith  
Heb 11



Eph 4:22,  
25, 31  
Col 3:8, 9

Put off - Disrobe - Stop

Put on - Dress - Replace

Eph 4:24; 6:11  
Col 3:10,12,14  
Rom 13:14

Specific

Clamming Up - Eph 4:26-27

Blowing Up - Eph 4:31

Wanting my own way - 1 Cor 10:24;  
13:5

Fighting & Quarreling - Jas 4:1-4

Getting Even - Rom 12:17-20

Phil 4:13



Speak the truth - Eph 4:25

Control of the Spirit - Gal 5:23; Pr 25:21

Esteem others better than self - Phil 2:3

Humble ourselves - Jas 4:6-12

Overcome evil with good - Ro 12:21;  
1Pe 3:8-17

You Choose!

Josh 24:15; Heb 11:24-26