

Building Blocks to Wise Choices

What principles and truths do you find in each passage of Scripture as it relates to building wisdom and right choices into your life? The goal is to develop “self control” in 7 areas of life that will help you grow in wisdom. Self-control is a fruit of the Holy Spirit, and each of these 7 controls will help you build the necessary character to choose wisely and make decisions that please the Lord. Look up the verses for each “Control” and evaluate what you have done in the past in this area, what you are doing at the present, and what you should do in the future. Write down the principle for each verse and 1 application for each section.

1. Thought Control: What thoughts dominate my thinking?

- Pro 23:7;
- Ro 12:2;
- Php 4:8;
- 2 Cor 10:5

2. Eye Control: Do my eyes cause distraction?

- Job 31:1;
- Ps 101:3;
- Pro 4:23, 25;
- Mt 6:22,23

3. Body Control: Am I treating the body that God gave me with purity and respect?

- 1Thes 4:4;
- 1Tim 4:7-8;
- Ro 6:12



4. Companion Control: Do my friends build me up or tear me down?
 - 1Cor 15:33;
 - I Cor 5:9-11;
 - Proverbs 13:20-21;
 - Proverbs 22:24-25;

5. Circumstance Control: Do I convince myself that I won't fail if I go there?
 - Ro 13:14;
 - 1Thes 5:22;
 - 2Tim 2:22

6. Influence Control: What, if anything are the wise people in your life saying to you?
 - 1Thes 4:6-7;
 - Pro 27:17;
 - Rom 16:17-18

7. Focus Control: Does my mindset reflect a wise perspective?
 - 2Cor 5:9;
 - 1Cor 10:31;
 - Php 2:3-4;
 - Mt 20:25-28

